

lanuary 2005

Not had your flu shot yet? **UMP is offering FREE FLU SHOTS!***

Dear Uniform Medical Plan (UMP) enrollee:

UMP is extending our offer for FREE FLU SHOTS* to all UMP enrollees (except Medicare) as part of your preventive care benefit through March 2005! New Washington State Department of Health recommendations allow health care providers to administer flu shots to anyone requesting it.

Here is how to get your free flu shot:

- Find out who is offering flu shots in your area by calling either your doctor or your local health department.
- If you visit your doctor, UMP can be billed directly.
- If you need to pay up front for your flu shot, simply:
 - Fill out the information below and have the provider sign it;
 - Attach a payment receipt; and
 - Mail it directly to UMP at the address shown below for reimbursement.

If you pay up front, please complete the information below (please print).

Patient name	Subscriber name
Date of flu shot	Subscriber I.D. #
Cost of flu shot*	Provider name
Provider address	
Provider signature	

Please return **this form**

Free Flu Shots and payment receipt to: Uniform Medical Plan P.O. Box 34850

Seattle, WA 98124-1850

This form may be copied for other covered family members.

Questions? Call 1-800-762-6004

Offer expires March 31, 2005

^{*}There is a \$20 limit on this offer. Costs above this amount will not be reimbursed. Flu shots costing less than \$20 will be reimbursed at actual cost. A payment receipt and completed information sheet are required for enrollee reimbursement. This offer does not apply to UMP enrollees who are also covered by Medicare. In most cases, Medicare covers flu shots in full.